

DreamArts demonstrates that the arts can transform young lives.

DreamArts is an **agile and lean charity**. We put 90% of our funding directly into our work with young people. Dedicated Trustees support a small, **highly experienced team** of arts facilitators and therapists. We consistently generate **innovative ideas** that respond to the needs of young people with an impact we can measure. Our **partnership work** with other charities and youth services has been commended as **Outstanding in the Westminster Community Awards**.

In the face of severe cuts to youth services the **needs of young people are growing**. Young residents risk becoming **further alienated** from society, particularly those who **need our help** the most.

DreamArts needs your help to continue our work using the arts to build **resilience, raise aspirations, and transform young lives**.

To find out more visit our website or get in touch with Graham Whitlock for a chat.

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**Building Resilience. Raising Aspirations.
Transforming Young Lives.**



Outstanding Organisation of the Year
(Westminster Community Awards 2016)

Commended Partnership Award
(Westminster Community Awards 2014)

Nominet Award for **Making the Internet a Safer Place**



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CHARITY**



**The
Henry Smith
Charity**

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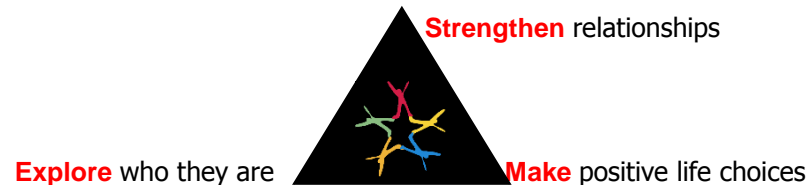
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DreamArts uses the arts to enable young people living in the inner city to realise their full potential.

In Westminster the local rate of child poverty is the third highest in the UK - up to 78% in some areas.

Although the West End is on their doorstep, access to the creative industries can seem a very long way away.

Thanks to DreamArts, over three hundred 7-25 year olds get to have fun and use creativity and therapeutic arts to:



100% say DreamArts helps them **develop confidence**

100% say they **learn new skills**

78% say they get to **explore their thoughts and emotions.**

DREAMARTS STARS



When I was running away from home DreamArts was there for me, making sure I was safe when I felt no-one else cared. Thanks to them I'm following my dream and training as an actor at Central School of Speech & Drama. Humaira



I was never the strongest performer (I had two left feet!) but DreamArts saw in me a passion and willingness to learn when I was in trouble at school. Now I've acted in West End musicals like The Lion King and danced for One Direction and Kelly Rowland. I would not be in this position without DreamArts. Luke



Planning shows helped me build confidence. DreamArts makes you feel there isn't a limit to what you can do—it lifts the barrier—it tells you that it is possible. I found my passion and continue to do this in life as an events manager. Lana



DreamArts programmes...

EXPRESS

Express Collective is our pioneering creative and therapeutic arts programme addressing challenges affecting vulnerable young people. We enable young people to choose an issue and a creative medium in which to explore solutions. DreamArts delivers a tailor-made project to meet their need, empowering them to make positive life choices.

Working with DreamArts in this powerful way allowed me to build strong positive relationships with young people. Education Welfare Officer

None of the girls from the group have come to the attention of Police during or after working with DreamArts. Westminster Social Worker

Family Express enables parents and children to form stronger relationships.

Express 1-2-1 provides individual and parent-child therapeutic arts support for those finding it difficult to manage their emotions and behaviours.

My children enjoyed the arts and crafts and spending time with me in this way, especially being able to talk about feelings. Family Express Parent

EXPERIMENT

Every weekend DreamArts Creative Labs enable eighty 7-19 year olds to explore and unleash their talents. Our skilled professionals encourage members to devise their own work – from new musicals to short films and radio plays. No other equivalent affordable arts programme exists in Westminster, the heart of UK Theatre land.

I came out of my comfort zone and performed more openly in front of people. Farah, Senior member

She loves coming to DreamArts. It has built her confidence and matured her outlook. Thank you, super work. Parent of a junior member

EXPAND

Our leadership schemes expand young people's skills and horizons, empowering them to lead their peers, run their own projects and become creative entrepreneurs.

This was a real journey where I found myself again. I discovered my dreams aren't unrealistic and I can have a positive impact on others. Stephanie, 19