



Trauma and Bereavement Awareness Training

Availability:	Limited to 15 per course
Fee:	Free of charge
Venue:	Can provide in house training upon request or see external dates below.
Length:	One day, 9.30am to 4.30pm

This one day training is designed for adults working with children and young people who may be affected by trauma and/or bereavement following the Grenfell disaster.

Training is free of charge and funded by Kensington and Chelsea Local Authority and Central and West London CCG's (North West London Collaboration of Clinical Commissioning Groups).

Eligibility:

- Adults working with children and young people who may have been affected by the Grenfell disaster – this includes both those who were resident in the Tower as well as those who live close by and have been impacted by the disaster either directly or indirectly.
- Staff working in Local authorities, emergency services, non-profit organisations, schools and colleges, places of worship and community groups.

The course covers:

- How to recognise the signs of PTS and PTSD
- Understanding the stages of trauma and grief
- Knowing how and when to intervene appropriately
- Where to seek help, resources and signposting
- Self-care – How to look after ourselves as frontline staff

Upcoming Training Dates:

[Monday 4th December](#)

[Monday 11th December](#)

[Thursday 25th January](#)

[Wednesday 31st January](#)

Venue: TBC

Venue: TBC

Venue: TBC

Venue: TBC

To book on to these dates follow [this link](#) or email Youth Services Project Manager, Zoe Baum at zoe.baum@hfmind.org.uk to register your interest for future training dates.

Please note that although this training is free, your organisation will be charged £75 if cancellation is not received within 48 hours of the scheduled training event.