

# **HAMMERSMITH AND FULHAM**

**EMPLOYMENT AND WELLBEING SERVICE**



# OUR OFFER

**Richmond Fellowship** will be delivering a new comprehensive **Employment and Wellbeing Service** for people with mental ill health living in the London borough of Hammersmith and Fulham.

The new service will be available to individuals both in primary care and secondary care, regardless of their mental health condition and will offer a variety of interventions including structured employment support, advice and signposting, peer support, and befriending.

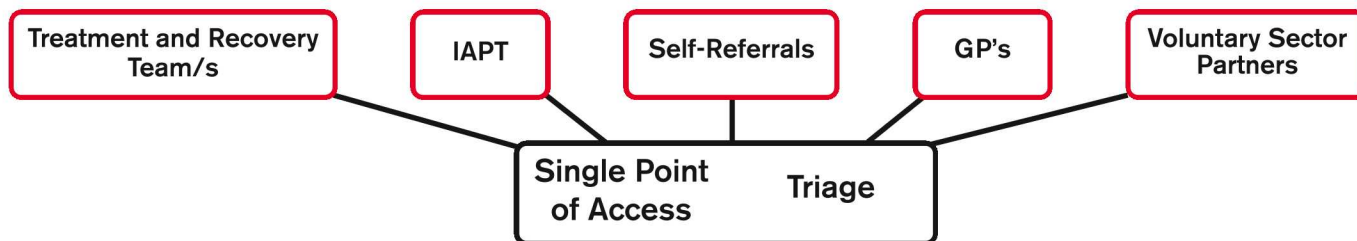
It will have a single point of access, and will accept referrals from GPs, health care professionals as well as self referrals.

Richmond Fellowship is one of the largest voluntary sector providers of mental health support in England and is a well established charity in the borough, already delivering a successful employment service for people with mental health problems in Hammersmith and Fulham.

The service will go live on **1<sup>st</sup> October 2018**, but it will be a phased launch – with the full service expected to be up and running in early 2019.



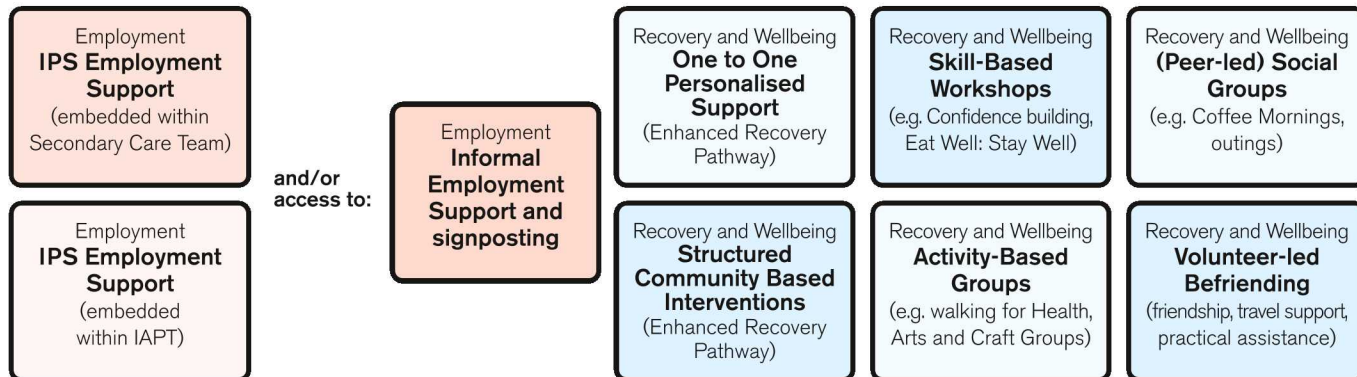
# SERVICE OVERVIEW



**Single point of access:** initial triage and subsequent full needs assessment leads to bespoke support package, tailored to the needs of the individual from the range of options detailed below:

Available from 1<sup>st</sup> October

Phased launch with full service available from early 2019



# WHAT WE OFFER

## Employment Support

Employment specialists embedded within the primary and secondary mental health teams will provide bespoke one to one support to enable individuals to gain and retain employment.

## One to One personalised support

This includes an allocated Community Link Worker providing dedicated one-to-one support, weekly to monthly as required. We will take a support and safety plan approach with reviews mapped to the Recovery Star outcome domains.

## Structured Community Based Interventions

This will include 8 to 12 week structured and therapeutic-based programmes and recovery focussed interventions for people with higher and/or more complex needs than can be catered for by social activities alone. These will be staff led.

## Our Digital Offering

This will include dedicated WhatsApp groups, Skype calls, a new website for the service and access to the Big White Wall, a 24 hour peer support community service available to all Richmond Fellowship staff and those using our services from 1st October.

## Skills-Based Workshops

A range of existing skills based workshops will be rolled out and delivered to those living in the London borough of Hammersmith and Fulham.

Our new range of workshop topics will be co-developed based on feedback from people who use our services.

## Activity Based Groups

Trained peer volunteers will be supported by staff until they are confident enough to lead groups independently. These activity groups will include still life drawing or tennis at Hammersmith Park, embedding people into their communities.

## Peer-Led Social Groups

Our dedicated peer coordinators will train and support up to 30 volunteers at any one time. They will organise and run a range of support groups such as 'Nit and Natters'.

## Volunteer-Led Befriending

Our volunteer coordinators will train up to 30 befrienders at any one time. The volunteers will offer friendship, travel support and practical assistance with day-to-day tasks and activities.

## FIND OUT MORE

For more details, please email:  
[hfemploymentandwellbeing@richmondfellowship.org.uk](mailto:hfemploymentandwellbeing@richmondfellowship.org.uk)

**Lower Ground Basement,  
Richford Gate Medical Practice,  
London, W6 7HY**

**Tel: 03300 083808**

[www.richmondfellowship.org.uk](http://www.richmondfellowship.org.uk)