Summer

Social Cycling Programme

3 June to 20 July 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 12:00	В		В	D	0	В
	Drop-in Westway Sports	Closed Group	Women on Wednesdays	*NEW* Social Cycling	Drop-in Westway Sports	Drop in Westway Sports
	Centre		Westway Sports Centre		Centre	Centre
	Beginners		10 – 11:30am	10am depart 2.30pm finish	Social rides	Beginners 10am – 12pm
			Beginners			
	0	0	A	Design Museum		
40.00	Drop-in	Drop-in	Drop-in	224-238		
12:30 2:30		CHELSEA		Kensington High		
	Westway Sports Centre	THEATRE	Westway Sports Centre	St, W8 6AG		
	Easy & local on-	1pm to 3pm	In partnership with Open Age	Bring your own bike		
	road rides	Easy & local on- road rides	Social rides 12:00 – 2:30pm	DING		
A contact the formula						

- * Bikes available at Westway and Chelsea Theatre venues.
- **Bikes NOT available at the Design Museum

Term time only.
Our last session is on Sat 20
July. We will start again in
September.

- 4 cycle skills levels
- B Beginners (off road)
 - Intermediate (on road)
 - Advanced (on road)
 - Longer rides

Westway Sports Centre:

1 Crowthorne Rd, London, W10 6RP

Chelsea Theatre:

World's End Place, 7 King's Rd, London SW10 0DR

