

Public Contributor Advert

MLTC CNC – Methodologies Workstream

Are you living with two or more long-term health conditions (physical and/or mental) or caring for someone who does? Would you be interested in contributing to research? We would love to hear from you!

What is the opportunity?

We are looking for a public contributor for a research workstream looking at how best to undertake research to treat and prevent multiple long-term conditions (MLTC).

The term 'multiple long-term conditions' (MLTC) refers to the co-existence of two or more chronic (persisting for a long time or constantly recurring) health conditions (physical and/or mental) in a person.

The workstream aims to identify key challenges around research methods to treat and prevent MLTC or the consequences of MLTC and accelerate research for the benefit of patients. The group works together to submit funding applications, write research papers and deliver research projects. It is led by Professor Colin McCowan, University of St. Andrews and Associate Professor Hajira Dambha-Miller, University of Southampton.

The Methodologies Workstream is part of the Multiple Long-Term Conditions (MLTC) Cross-NIHR Collaboration (CNC).

What would we like you to do?

Successful applicants would join the Methodologies Workstream that includes researchers from across the UK looking at methodologies in MLTC and current PPIE contributors.

You would be invited to join hour-long monthly meetings online (with possibility of additional meetings for specific work) and face to face meetings up to twice per year.

We would also ask for your input on a range of documents including grant applications and research papers - this may be over email or in meetings. We expect this to take around 1-2 hours per month.

You do not need to be an expert in research - your lived experience and patient/carer perspective is key!

What skills and experience are required?

- An individual who is living with multiple long-term conditions or caring for someone who is
- An interest in health and social care services and research
- An understanding of methodologies
- Enthusiasm to contribute to making changes to MLTC research that reflect [the National Standards for Public Involvement](#)
- Be available to attend monthly meetings online (with possibility of additional meetings for specific work) and face to face meetings up to twice per year
- Competent IT skills including using Microsoft Word, email and joining online meetings via Microsoft Teams
- Good communication skills with the ability to discuss constructively with a wide range of people face to face and during online meetings
- Excellent team working skills
- The capacity to undertake work independently.

What support is available?

- An initial meeting or contact with a member of the team to discuss any questions you may have and to be briefed about the group
- To have any questions personally answered in confidence or at the team meetings
- To be able to contact a member of the team before and after each meeting, to ensure you are prepared and updated about activities and progress
- Support with IT access as needed
- Prompt reimbursement for time and expenses every 2 months, in line with the [NIHR Payment Policy](#).

For further information about this opportunity and the MLTC please read the attached role description.

To express your interest in the role please complete this online form:

<https://forms.office.com/e/i7Rky889mk>

The deadline for applications is Monday 2nd March 2026

Contact

If you have any question or would like to discuss the opportunity, please contact: James Finney NIHR MLTC CNC Partnership Programme Manager (james.finney@leicester.ac.uk)