

Women-Only Exercise

Enjoy great all women weekly workouts.



Have fun and get fit!

Every Monday (11.30-12.30) &
Wednesday (10-11am) term-time

ONLY £1.75 per session!

Venue: The Abbey Centre

34 Great Smith Street

SW1P 3BU

For more information contact **Hasina Begum:**

Tel: **020 7227 0646**

E-mail: hasina.begum@theabbeycentre.org.uk

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