

SHOPPING SERVICE

Do you or someone you know need help with weekly personal Grocery shopping?

The aim of our NEW service is to support older residents in Westminster to remain independent in the community and stay well through making their own food choices. Some older people may not have the facilities or confidence to shop online or mobility issues/disability limits their ability to shop at local supermarkets.





Our new Shopping Service is run by members of our staff and our group of energetic and dedicated volunteers.

Our volunteers can do some local grocery shopping for you and deliver to your doorstep.

There is also an option to order your shopping online through Waitrose or your local supermarket, and we can collect and deliver your order.

REGISTER TODAY

You will need to complete a simple registration form. Call us on **020 3004 5610** or email at shopping@ageukwestminster.org.uk
We can help you complete it over the phone.

To register for our Shopping Service clients need to be:

- Aged 50 or over
- Resident in Westminster
- Not receiving a similar service from another organisation

Contact Age UK Westminster to find out more

The Beethoven Centre, Third Avenue, London W10 4JL
t: **020 3004 5610** (10.00am – 2.00pm, Monday - Friday)

e: enquiries@ageukwestminster.org.uk

www.ageukwestminster.org.uk

