

## Quarterly Meeting 2026

### Topic: Health & Wellbeing Services

Date: Wednesday 25<sup>th</sup> March 2026

Venue: Brunel Happy Hub, Brunel Estate, Westbourne Park Rd, London, W2 5UZ.

#### Programme

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| 12:00 | Lunch  |
| 12:30 | <b>Nafsika Thalassis</b> (BME Health Forum, Director) and <b>Kaveh Kalantari</b> (Chair)<br>Introductions and welcome  |
| 12:50 | NHS community services <ul style="list-style-type: none"><li>• <b>Jo Davis</b>, Head of Clinical Services for Central London, Planned Care</li><li>• <b>Richard McKinlay</b>, Clinical Lead Occupational Therapist, Tri borough Community Neurological Rehabilitation Service,</li><li>• <b>Gina Cassidy</b>, CNWL Mental Health, Inner North West Division, Central London Community Healthcare NHS Trust.</li></ul>  |
| 13:10 | Discussion & questions   |
| 13.30 | Break  |
| 13:45 | Royal Borough Kensington & Chelsea Public Health Programme- Healthy Lifestyles Project – Overview – BME Health Forum – <b>Phayza Fudlalla</b> - Head of Engagement and Projects  |
| 14:00 | Presentations from partner organisations including case studies: <ul style="list-style-type: none"><li>▪ Neighbourhood Doulas – <b>Esther Compton</b> – Project Lead</li><li>▪ Midaye Somali Development Network - <b>Afaf Badr</b>- Project Lead</li><li>▪ Ethiopian Women’s Empowerment Gorup – <b>Senait Ross</b> -Project Lead</li><li>▪ Al Manaar (The Muslim Cultural Heritage Centre) – <b>Asma Maguz</b> – Project Lead</li><li>▪ Sudanese Nubian Association –<b>Sali Shakkak</b> – Project Volunteer</li></ul> |
| 14:30 | Discussion & questions   |
| 15.00 | Close  |