National Safeguarding Adults Week – November 2026

Every Voice - Every Choice - No One Invisible

National Safeguarding Adults Week 2026, led by the Ann Craft Trust, centres on **Every Voice. Every Choice.** It highlights co-production, empowerment, prevention and Making Safeguarding Personal: listening to what matters to each person and involving them in decisions about their safety. To mark the week, the BME Safeguarding Network and the SAEB Safeguarding Ambassadors are launching this powerful video that they jointly co-produced: **Every Voice. Every Choice. No One Invisible.** The video builds on the Network's message about **'Invisibility'** prevention and trust. The BME Safeguarding Network voices describe how fear, stigma, language barriers, discrimination, cultural misunderstanding and a lack of trust can prevent people from speaking openly or seeking help. The message is clear: safeguarding must see the whole person. It must respect culture and identity, use words people understand, ask thoughtful questions and listen before labelling. Visibility must lead to action.

Watch. Reflect. Act.



▶ WATCH OUR VIDEO

Safeguarding Adults Executive Board - Every Voice. Every Choice. No One Invisible.

Use these questions to start a conversation:

- Who are we not seeing?
- Whose voice are we not hearing?
- Whose choices are we not understanding?
- What is one thing we can change to make safeguarding more accessible, trusted and person-centred?

Please share our translated '*Say No to Abuse*' leaflets which explain forms of abuse, signs to look out for and where to find support. Please read and share them through trusted community networks: www.saeb.org.uk/information-guidance/leaflet-library

Please tell us what impact our Video has had - After watching our video please complete this short survey after watching the film. Your feedback will help the BME Safeguarding Network and the SAEB Safeguarding Ambassadors understand its impact and improve future safeguarding communications.

Please complete our short survey here

National Safeguarding Adults Week Local Events

Carers Rights Day 2026

Thursday 19 November 2026

Carers Network is running a programme of online, and in-person talks and activities throughout the week to mark Carers Rights Day.

Date and time	Activity	Location or details
Wednesday 18 November 11am–12pm	**Talk on the Connect to Work Programme***	Online
Wednesday 18 November 2pm–3pm	**Talk on Assistive Technologies****	The Beethoven Centre, Third Avenue, W10 4JL

Thursday 19 November 2:15pm–3:15pm	**Talk on Carers Rights**	Online; delivered by Carers UK
Thursday 19 November 3:30pm–4:30pm	**Direct Payments Talk**	Online
Friday 20 November 11am–12:30pm	**First Aid Training**	Online; delivered by the British Red Cross
Friday 20 November 2:30pm–4:30pm	**Trip to The Wallace Collection**	Manchester Square, W1U 3BN

To register and receive online joining details: email events@carers-network.org.uk or call 020 8960 3033.

*The Connect to Work Programme provides help if you are looking to return to employment, training or education.
**Assistive technologies include products such as pendant and falls alarms that can help people remain independent and safe at home.

Free online webinar • Essential learning for staff supporting adults affected by trauma

Safeguarding Adults Executive Board | MHLP Mental Health Learning Programme | NHS Central and North West London NHS Foundation Trust

Understanding PTSD and Trauma in Safeguarding Practice

Date: Wednesday 18 November 2026
Time: 12:30pm–1:30pm
Platform: Microsoft Teams

Join Catherine Knights, Sarah Heke and Annie Billing from Central and North West London NHS Foundation Trust for a practical webinar exploring trauma, post-traumatic stress disorder (PTSD) and their relevance to safeguarding practice.

Trauma can have a profound effect on how people experience risk, relationships and support. It may influence how someone communicates, responds to professionals, manages distress or engages with services. Understanding these responses can help practitioners work with greater sensitivity, curiosity and confidence.

This session will support professionals and volunteers working with adults in Kensington and Chelsea and Westminster to recognise the signs and impact of trauma, understand the differences between trauma, PTSD and secondary traumatic stress, and apply trauma-informed approaches in safeguarding practice.

Who should attend?

All staff and volunteers who may come into contact with adults affected by trauma, including those working in adult safeguarding, social care, health, housing, mental health, community services, criminal justice, domestic abuse, and voluntary and community sector services.

Why this webinar matters

- Trauma can affect how a person understands risk, builds trust and engages with support.
- Signs of trauma or PTSD may be mistaken for disengagement, resistance or challenging behaviour.
- Professional curiosity and effective listening can help practitioners understand what may be happening beneath the presenting behaviour.
- Trauma-informed practice can reduce the risk of re-traumatisation and support safer, more effective responses.
- Multi-agency understanding is important when supporting people with complex emotional needs.

Learning outcomes

- Understand the differences between trauma, PTSD and secondary traumatic stress.
- Recognise the signs and impact of trauma in the people we support.
- Understand how trauma may affect communication, behaviour, trust and engagement with services.
- Apply professional curiosity and effective listening when supporting people who have PTSD or have experienced trauma.
- Identify practical strategies and tools to strengthen multi-agency trauma-informed practice.
- Understand the role of the service and the complex emotional needs pathway.

Presenters

Catherine Knights – Director of Quality, Central and North West London NHS Foundation Trust
Sarah Heke – Clinical Lead/Consultant Clinical Psychologist, Central and North West London NHS Foundation Trust
Annie Billing – Highly Specialist Psychological Therapist, Central and North West London NHS Foundation Trust

Reserve your place here

Please share this invitation with colleagues and partner organisations that may support adults affected by trauma. For queries, email makingsafeguardingpersonal@rbkc.gov.uk

Stop the Pressure Week 2026: Every Move Matters

The SAEB is also supporting Stop the Pressure Week, taking place across the UK from 16 - 20 November 2026 and including international Stop Pressure Ulcer Day on Thursday 19 November. Led by the Society of Tissue Viability, this year's theme, **Every Move Matters**, highlights how coordinated physical, clinical, team, environmental, smart and patient-led action can help prevent pressure ulcers.

Explore our local pressure ulcer resources in the SAEB Autumn Bulletin 2025

Our **SAEB Autumn Bulletin 2025** highlights last year's local campaign led by the SAEB Safeguarding Ambassadors and brings together useful local information and resources to support awareness and prevention. These include:

Webinar: SAEB Learning Programme: Pressure Ulcers Lunch and Learn

Essential reading for all staff: See page 18 of the **SAEB Safeguarding Referral Practice Guidance** for practical advice on pressure ulcers, including what staff need to consider and when safeguarding concerns should be raised.

How to Prevent Pressure Ulcers – A Guide for Patients and Carers by Central and North West London NHS Foundation Trust (CNWL)

Please revisit and share the bulletin and its resources with colleagues, care teams, patients, families and carers as part of your activity for Stop the Pressure Week 2026.

💻 **Upcoming online learning opportunities**

Wednesday 18 November

- Fundamentals of Pressure Ulcer Care | 09:15–12:30
- Hidden Movement, Hidden Harm? Repositioning or Positioning | 18:30–19:30 - Particularly recommended for Occupational Therapists (OTs).

Thursday 19 November

- Every Move Matters: Best Practice in Pressure Ulcer Prevention & Management | 09:30–15:45

Take time this week to explore the resources, refresh your knowledge and share the learning with colleagues. **Small actions can make a big difference. Together, we can help stop the pressure!**